


CPTP Session 1 A-Opening Slides



Clinical Parent Training Program

Sponsored by
West End Special Education Local Plan Area
(WESELPA)
And Its 10 Member Districts

Clinical Parent Training Program

- Began in Fall 1989
- Has graduated over 1000 parents (600 families)
- Is proactive and preventative in nature
- Based on multifaceted model of why kids misbehave
- Has proven to be one of the single most powerful forces influencing the emotional, social, and behavioral well being of children and their families in the West End
- Creates a lasting trust with families with a dramatic impact on the home/school partnership

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Research Based

- Clinical Parent Training Program has been adapted from Russell Barkley research on the, "Defiant Children".
- Original program was developed by Constance Hanf, PhD, over 25 years ago.

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Rationale for Targeting Non-Compliance

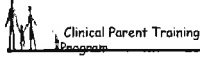
- Highest referral rate to clinics
- Underlies high levels of family conflict
- Improving compliance = widespread relief
- Indirect effects on family functioning and children's psychological adjustment
- Is persistent - doesn't go away on its own
- Strong potential for future negative outcomes
- Must precede treatment of other problems

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SERIES OBJECTIVES

■ #1

■ To improve parental management skills and competence in dealing with child behavior problems, particularly non-compliance.



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SERIES OBJECTIVES

■ #2

To increase parental knowledge of the causes of childhood misbehavior and the principles and concepts underlying the social learning of such behavior

■ #3

To improve child compliance to commands and rules given by parents

■ #4

To improve the parent-child relationship

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**Clinical Parent Training
Program**

**UNDERLYING TRAINING
COMPONENTS**

#1

**Increasing the value of
parental attention in
motivating and reinforcing
positive behavior**

#2

**Increasing positive attention
and incentives for compliance
Decreasing inadvertent
punishment for occasional
compliance**

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#3
Decreasing inadvertent positive attention for negative behavior

#4
Increasing the use of immediate and consistent mild punishment for noncompliance

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#5
Ensuring that child does not "escape" from expected action -
(Command is eventually complied with)

#6
Reducing the frequency of repeat commands
(Act, don't yak)

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#7
Teaching the ability to recognize and rapidly terminate escalating and confrontive interactions

#8
Ensuring that you don't go back to old, mainly punitive, habits

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Series Calendar

- **Session 1**
Series Overview - Parent Input – Commitment
 - Overview on Disruptive Behavior Disorders of Childhood

- **Session 2**
Understanding Why Kids Misbehave
 - The Goodness of Fit
 - Paying Attention to Good Play Behavior

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Series Calendar

- **Session 3**
 - Understanding Why Kids Misbehave
 - **Lecture on:**
 - Oppositional Defiance Disorder & Conduct Disorder
 - ADHD
 - Autism
 - Bipolar Disorder
 - Building Rapport and Trust Through Effective Communication
 - Paying Attention to Compliance
 - Compliance Training

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Series Calendar

- **Session 4**
Giving Effective Commands
 - Attending to Independent Play

- **Session 5**
The Home Poker Chip/Point System – Part 1

- **Session 6**
The Home Poker Chip/Point System – Part 2

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Series Calendar

- **Session 7**
Enhancing the Parent-Teacher Partnership
- **Session 8**
Response Cost and Time Out
- **Session 9**
Anticipating Problems – Managing Children in Public Places
- **Session 10**
Managing Future Behavior Problems
Final Exam, and Graduation

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Contact Information

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